



Essential Plan 3000 and Essential Plan 4500

Effective April 1, 2006



The following charts show rates for all regions and all tiers of the EssentialSM Plan 3000 and EssentialSM Plan 4500, effective April 1, 2006. To find the correct rate, be sure to refer to the correct region and plan option.

Rating Regions

Region 1: Alpine, Butte, Del Norte, Imperial, Inyo, Kern, Plumas, San Luis Obispo, Sonoma, Stanislaus, Trinity, Yolo counties and the following Santa Barbara zip codes: 93254, 93427, 93429, 93434, 93436-38, 93440-41, 93454-58, 93460, 93463-64

Region 2: Colusa, Kings, Madera, Mendocino, Merced, San Benito, San Joaquin, Siskiyou, Tulare counties

Region 3: Amador, Calaveras, Glenn, Modoc, Nevada, Placer, Sacramento, Shasta, Sierra, Tuolumne counties

Region 4: Alameda, Contra Costa, Santa Clara counties

Region 5: Marin, San Francisco, San Mateo counties

Region 6: El Dorado, Fresno, Humboldt, Lake, Lassen, Mariposa, Mono, Monterey, Napa, Santa Cruz, Solano, Sutter, Tehama, Yuba counties

Region 7: San Bernardino, San Diego, Santa Barbara counties except the zip codes listed in Rating Region 1

Region 8: Orange, Riverside, Ventura counties and the following Los Angeles zip codes: 91023, 91301, 91310, 91321-22, 91350-51, 91354-55, 91376-77, 91380-87, 91390, 91711, 91750, 91765-69, 91773, 91788-89, 91795, 91797, 91799, 93510, 93532, 93534-36, 93539, 93543-44, 93550-53, 93563, 93584, 93586, 93590-91, 93599

Region 9: Los Angeles county except the zip codes listed in Rating Region 8

For rates questions and more information, contact Producer Services at ProducerServices@blueshieldca.com or **(800) 559-5905**.

Underwritten by Blue Shield of California Life and Health Insurance Company.

Note: Rates for Essential Plan 3000 and Essential Plan 4500 are for individuals subscribers only. These plans are currently pending regulatory approval.

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Individual and Family Plans

An Independent Member of the Blue Shield Association

Region 1 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L1	TD01P1
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$122	\$110
Ages 1-18	83	77

	Monthly Dues	
Single	3000	4500
19-29	\$91	\$84
30-34	105	93
35-39	118	104
40-44	137	117
45-49	174	157
50-54	221	198
55-59	311	276
60-64	411	362

TIER 2

Group Number	TD11L1	TD11P1
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$153	\$138
Ages 1-18	104	96

	Monthly Dues	
Single	3000	4500
19-29	\$114	\$105
30-34	131	116
35-39	148	130
40-44	171	146
45-49	218	196
50-54	276	248
55-59	389	345
60-64	514	453

TIER 3

Group Number	TD21L1	TD21P1
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$191	\$173
Ages 1-18	130	120

	Monthly Dues	
Single	3000	4500
19-29	\$143	\$131
30-34	164	145
35-39	185	163
40-44	214	183
45-49	273	245
50-54	345	310
55-59	486	431
60-64	643	566

Region 1 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L1 TD31P1
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	TD31L1	TD31P1
Under 1	\$230	\$207
Ages 1-18	156	144

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$171	\$158
30-34	197	174
35-39	222	195
40-44	257	219
45-49	327	294
50-54	414	372
55-59	584	518
60-64	771	680

TIER 5

Group Number TD41L1 TD41P1
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	TD41L1	TD41P1
Under 1	\$383	\$345
Ages 1-18	260	240

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$285	\$263
30-34	328	290
35-39	370	325
40-44	428	365
45-49	545	490
50-54	690	620
55-59	973	863
60-64	1,285	1,133

Region 2 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L2	TD01P2
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$122	\$110
Ages 1-18	83	77

	Monthly Dues	
Single	3000	4500
19-29	\$91	\$84
30-34	105	93
35-39	118	104
40-44	137	117
45-49	174	157
50-54	221	198
55-59	311	276
60-64	411	362

TIER 2

Group Number	TD11L2	TD11P2
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$153	\$138
Ages 1-18	104	96

	Monthly Dues	
Single	3000	4500
19-29	\$114	\$105
30-34	131	116
35-39	148	130
40-44	171	146
45-49	218	196
50-54	276	248
55-59	389	345
60-64	514	453

TIER 3

Group Number	TD21L2	TD21P2
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$191	\$173
Ages 1-18	130	120

	Monthly Dues	
Single	3000	4500
19-29	\$143	\$131
30-34	164	145
35-39	185	163
40-44	214	183
45-49	273	245
50-54	345	310
55-59	486	431
60-64	643	566

Region 2 - Essential Plans Monthly Rates

TIER 4

Group Number	TD31L2	TD31P2
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$230	\$207
Ages 1-18	156	144

	Monthly Dues	
Single	3000	4500
19-29	\$171	\$158
30-34	197	174
35-39	222	195
40-44	257	219
45-49	327	294
50-54	414	372
55-59	584	518
60-64	771	680

TIER 5

Group Number	TD41L2	TD41P2
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$383	\$345
Ages 1-18	260	240

	Monthly Dues	
Single	3000	4500
19-29	\$285	\$263
30-34	328	290
35-39	370	325
40-44	428	365
45-49	545	490
50-54	690	620
55-59	973	863
60-64	1,285	1,133

Region 3 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L3	TD01P3
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$122	\$110
Ages 1-18	83	77

	Monthly Dues	
Single	3000	4500
19-29	\$91	\$84
30-34	105	93
35-39	118	104
40-44	137	117
45-49	174	157
50-54	221	198
55-59	311	276
60-64	411	362

TIER 2

Group Number	TD11L3	TD11P3
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$153	\$138
Ages 1-18	104	96

	Monthly Dues	
Single	3000	4500
19-29	\$114	\$105
30-34	131	116
35-39	148	130
40-44	171	146
45-49	218	196
50-54	276	248
55-59	389	345
60-64	514	453

TIER 3

Group Number	TD21L3	TD21P3
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$191	\$173
Ages 1-18	130	120

	Monthly Dues	
Single	3000	4500
19-29	\$143	\$131
30-34	164	145
35-39	185	163
40-44	214	183
45-49	273	245
50-54	345	310
55-59	486	431
60-64	643	566

Region 3 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L3 TD31P3
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$230	\$207
Ages 1-18	156	144

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$171	\$158
30-34	197	174
35-39	222	195
40-44	257	219
45-49	327	294
50-54	414	372
55-59	584	518
60-64	771	680

TIER 5

Group Number TD41L3 TD41P3
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$383	\$345
Ages 1-18	260	240

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$285	\$263
30-34	328	290
35-39	370	325
40-44	428	365
45-49	545	490
50-54	690	620
55-59	973	863
60-64	1,285	1,133

Region 4 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L4	TD01P4
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$125	\$112
Ages 1-18	85	79

	Monthly Dues	
Single	3000	4500
19-29	\$94	\$87
30-34	107	96
35-39	122	107
40-44	141	120
45-49	179	161
50-54	226	201
55-59	319	282
60-64	421	370

TIER 2

Group Number	TD11L4	TD11P4
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$156	\$140
Ages 1-18	106	99

	Monthly Dues	
Single	3000	4500
19-29	\$118	\$109
30-34	134	120
35-39	153	134
40-44	176	150
45-49	224	201
50-54	283	251
55-59	399	353
60-64	526	463

TIER 3

Group Number	TD21L4	TD21P4
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$195	\$175
Ages 1-18	133	124

	Monthly Dues	
Single	3000	4500
19-29	\$148	\$136
30-34	168	150
35-39	191	168
40-44	220	188
45-49	280	251
50-54	354	314
55-59	499	441
60-64	658	579

Region 4 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L4 TD31P4
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$234	\$210
Ages 1-18	159	149

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$177	\$164
30-34	201	180
35-39	230	201
40-44	264	225
45-49	336	302
50-54	425	377
55-59	599	530
60-64	789	695

TIER 5

Group Number TD41L4 TD41P4
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$390	\$350
Ages 1-18	265	248

Single Monthly Dues
 3000 4500

AGE RANGE	3000	4500
19-29	\$295	\$273
30-34	335	300
35-39	383	335
40-44	440	375
45-49	560	503
50-54	708	628
55-59	998	883
60-64	1,315	1,158

Region 5 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L5	TD01P5
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$133	\$118
Ages 1-18	90	83

	Monthly Dues	
Single	3000	4500
19-29	\$99	\$91
30-34	113	101
35-39	129	113
40-44	149	127
45-49	190	170
50-54	241	213
55-59	340	299
60-64	447	392

TIER 2

Group Number	TD11L5	TD11P5
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$166	\$148
Ages 1-18	113	104

	Monthly Dues	
Single	3000	4500
19-29	\$124	\$114
30-34	141	126
35-39	161	141
40-44	186	159
45-49	238	213
50-54	301	266
55-59	425	374
60-64	559	490

TIER 3

Group Number	TD21L5	TD21P5
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$208	\$185
Ages 1-18	141	130

	Monthly Dues	
Single	3000	4500
19-29	\$155	\$143
30-34	176	158
35-39	201	176
40-44	233	199
45-49	298	266
50-54	376	333
55-59	531	468
60-64	699	613

Region 5 - Essential Plans Monthly Rates

TIER 4

Group Number	TD31L5	TD31P5
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$249	\$222
Ages 1-18	170	156

	Monthly Dues	
Single	3000	4500
19-29	\$186	\$171
30-34	212	189
35-39	242	212
40-44	279	239
45-49	357	320
50-54	452	399
55-59	638	561
60-64	839	735

TIER 5

Group Number	TD41L5	TD41P5
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$415	\$370
Ages 1-18	283	260

	Monthly Dues	
Single	3000	4500
19-29	\$310	\$285
30-34	353	315
35-39	403	353
40-44	465	398
45-49	595	533
50-54	753	665
55-59	1,063	935
60-64	1,398	1,225

Region 6 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L6	TD01P6
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$132	\$118
Ages 1-18	88	82

	Monthly Dues	
Single	3000	4500
19-29	\$98	\$90
30-34	112	99
35-39	127	112
40-44	147	126
45-49	188	169
50-54	238	212
55-59	336	297
60-64	444	389

TIER 2

Group Number	TD11L6	TD11P6
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$165	\$148
Ages 1-18	110	103

	Monthly Dues	
Single	3000	4500
19-29	\$123	\$113
30-34	140	124
35-39	159	140
40-44	184	158
45-49	235	211
50-54	298	265
55-59	420	371
60-64	555	486

TIER 3

Group Number	TD21L6	TD21P6
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$206	\$185
Ages 1-18	138	129

	Monthly Dues	
Single	3000	4500
19-29	\$154	\$141
30-34	175	155
35-39	199	175
40-44	230	198
45-49	294	264
50-54	373	331
55-59	525	464
60-64	694	608

Region 6 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L6 TD31P6
AGE RANGE Monthly Dues

YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$248	\$222
Ages 1-18	165	155

Monthly Dues

Single 3000 4500

AGE RANGE	3000	4500
19-29	\$185	\$170
30-34	210	186
35-39	239	210
40-44	276	237
45-49	353	317
50-54	447	398
55-59	630	557
60-64	833	729

TIER 5

Group Number TD41L6 TD41P6
AGE RANGE Monthly Dues

YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$413	\$370
Ages 1-18	275	258

Monthly Dues

Single 3000 4500

AGE RANGE	3000	4500
19-29	\$308	\$283
30-34	350	310
35-39	398	350
40-44	460	395
45-49	588	528
50-54	745	663
55-59	1,050	928
60-64	1,388	1,215

Region 7 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L7	TD01P7
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$111	\$97
Ages 1-18	76	71

Single	Monthly Dues	
	3000	4500
19-29	\$84	\$77
30-34	95	85
35-39	108	95
40-44	122	106
45-49	155	139
50-54	196	174
55-59	273	241
60-64	359	316

TIER 2

Group Number	TD11L7	TD11P7
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$139	\$121
Ages 1-18	95	89

Single	Monthly Dues	
	3000	4500
19-29	\$105	\$96
30-34	119	106
35-39	135	119
40-44	153	133
45-49	194	174
50-54	245	218
55-59	341	301
60-64	449	395

TIER 3

Group Number	TD21L7	TD21P7
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$174	\$151
Ages 1-18	119	111

Single	Monthly Dues	
	3000	4500
19-29	\$131	\$120
30-34	149	133
35-39	169	149
40-44	191	166
45-49	243	218
50-54	306	273
55-59	426	376
60-64	561	494

Region 7 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L7 TD31P7
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

	3000	4500
Under 1	\$209	\$182
Ages 1-18	143	134

Single Monthly Dues
 3000 4500

	3000	4500
19-29	\$158	\$144
30-34	179	159
35-39	203	179
40-44	230	200
45-49	291	261
50-54	368	327
55-59	512	452
60-64	674	593

TIER 5

Group Number TD41L7 TD41P7
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

	3000	4500
Under 1	\$348	\$303
Ages 1-18	238	223

Single Monthly Dues
 3000 4500

	3000	4500
19-29	\$263	\$240
30-34	298	265
35-39	338	298
40-44	383	333
45-49	485	435
50-54	613	545
55-59	853	753
60-64	1,123	988

Region 8 - Essential Plans Monthly Rates

TIER 1

Group Number TD01L8 TD01P8
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$115	\$103
Ages 1-18	79	75

Monthly Dues
 Single 3000 4500

AGE RANGE	3000	4500
19-29	\$88	\$81
30-34	100	91
35-39	112	101
40-44	131	113
45-49	166	150
50-54	209	188
55-59	294	262
60-64	386	344

TIER 2

Group Number TD11L8 TD11P8
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$144	\$129
Ages 1-18	99	94

Monthly Dues
 Single 3000 4500

AGE RANGE	3000	4500
19-29	\$110	\$101
30-34	125	114
35-39	140	126
40-44	164	141
45-49	208	188
50-54	261	235
55-59	368	328
60-64	483	430

TIER 3

Group Number TD21L8 TD21P8
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

AGE RANGE	3000	4500
Under 1	\$180	\$161
Ages 1-18	124	118

Monthly Dues
 Single 3000 4500

AGE RANGE	3000	4500
19-29	\$138	\$126
30-34	156	143
35-39	175	158
40-44	205	176
45-49	260	235
50-54	326	294
55-59	460	410
60-64	604	538

Region 8 - Essential Plans Monthly Rates

TIER 4

Group Number TD31L8 TD31P8
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

	3000	4500
Under 1	\$216	\$194
Ages 1-18	149	141

Monthly Dues
 Single 3000 4500

	3000	4500
19-29	\$165	\$152
30-34	188	171
35-39	210	189
40-44	246	212
45-49	312	282
50-54	392	353
55-59	552	492
60-64	725	645

TIER 5

Group Number TD41L8 TD41P8
 AGE RANGE Monthly Dues
 YouthCare 3000 4500

	3000	4500
Under 1	\$360	\$323
Ages 1-18	248	235

Monthly Dues
 Single 3000 4500

	3000	4500
19-29	\$275	\$253
30-34	313	285
35-39	350	315
40-44	410	353
45-49	520	470
50-54	653	588
55-59	920	820
60-64	1,208	1,075

Region 9 - Essential Plans Monthly Rates

TIER 1

Group Number	TD01L9	TD01P9
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$133	\$119
Ages 1-18	90	85

	Monthly Dues	
Single	3000	4500
19-29	\$100	\$93
30-34	114	102
35-39	129	115
40-44	151	129
45-49	192	173
50-54	243	218
55-59	343	306
60-64	453	402

TIER 2

Group Number	TD11L9	TD11P9
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$166	\$149
Ages 1-18	113	106

	Monthly Dues	
Single	3000	4500
19-29	\$125	\$116
30-34	143	128
35-39	161	144
40-44	189	161
45-49	240	216
50-54	304	273
55-59	429	383
60-64	566	503

TIER 3

Group Number	TD21L9	TD21P9
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$208	\$186
Ages 1-18	141	133

	Monthly Dues	
Single	3000	4500
19-29	\$156	\$145
30-34	179	160
35-39	201	180
40-44	236	201
45-49	300	270
50-54	380	341
55-59	536	479
60-64	708	629

Region 9 - Essential Plans Monthly Rates

TIER 4

Group Number	TD31L9	TD31P9
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$249	\$224
Ages 1-18	170	159

	Monthly Dues	
Single	3000	4500
19-29	\$188	\$174
30-34	215	192
35-39	242	216
40-44	284	242
45-49	360	324
50-54	456	410
55-59	644	575
60-64	849	755

TIER 5

Group Number	TD41L9	TD41P9
AGE RANGE	Monthly Dues	
YouthCare	3000	4500
Under 1	\$415	\$373
Ages 1-18	283	265

	Monthly Dues	
Single	3000	4500
19-29	\$313	\$290
30-34	358	320
35-39	403	360
40-44	473	403
45-49	600	540
50-54	760	683
55-59	1,073	958
60-64	1,415	1,258

